Got up for Fajr on time and prayed Fajr with its Sunnah Made my morning Dhikr Prayed all prayers on time and on earliest time possible Made the recommended Dhikr after every prayer Prayed all the 13 rakah of Sunnah prayers Made Qunut/Dua for the Muslim Ummah in a prayer Made Dua for my parents Commanded one good Forbade one evil Prayed more than 1 fard prayer in a mosque (males) Read the Tafsir of one verse of the Quran Read one new Hadeeth and its meaning Read 1 page of the Quran as a minimum (with understanding) Attempted to increase in knowledge (reading/listening) Attempted to practise one rare Sunnah of Rasulullah Made one Muslim smile Made my parents smile, hugged and kissed them Did not argue, nor backbite with anyone Did not harbour ill feelings in my heart against anyone Did not do anything I was unsure about its permissibility Tried my best to take care of my body Gave charity (monetary) Preserved or removed a harm from the environment Made Dua for the Prophet (SAWS) Make Tawbah & Istighfaar 100 times Pondered 10 minutes about struggling for this Deen	SA					FRI	
Did a special deed that is secret between myself & Allah Gave some of the extra food from Iftar to my neighbours Made my afternoon Dhikr Prayed my taraweeh prayers Prayed the Witr prayer Read Surah Mulk before going to sleep Wrote down/updated my will Pondered about my Death and of the Day of Judgement Prayed absolute minimum 2 rakah Tahajjud prayer Asked Allah for Jannah and refuge from Jahannam (X3) Went to sleep in a state of Wudu Went to sleep without ill feelings towards any Muslim							
REQUIRED SPECIFICALLY ON FRIDAYS Read Surah Kahf Attempted to pray Jumah earliest time & best gathering Pondered 5-10 minutes about the khutbah & its message Took extra care to groom & maintain myself Made Dua only for Rasulullah (SAWS) WEEKLY REQUIREMENTS							
Memorized minimum 1/4 page of the Quran (with understanding) Memorized 1 hadeeth of Rasulullah Memorized 1 Dua from the Sunnah Fed/Clothed one needy person or gave a gift to one Made Istikharah about an important matter Attempted to join the hearts between two Muslims							
ILOVE ALLA 3H. COM PRESENTS		Week	begin	ning			Ending



And Allah is a witness over my all affairs,

Name Signature

Date